



Club Meeting

Westerville Sunrise Meets at The Old Bag of Nails Pub 24 N State St Fl 3 Westerville, OH 43081-2119

07:15 AM **Speakers**

Time: Wednesday at

March 13, 2024

Janet Davis Westerville Chamber - 50th Anniversary Music/Arts Fest

March 20, 2024

Dave
Collinsworth
and Andy
Tompkins
Field of Heroes
Kickoff

March 27, 2024

Jessica Schmidt/Joyce Poole WARM -Sunrise Triple B Beneficiary

April 03, 2024

Dr. Thomas A. Morse
Finding the
Balance: A
Whole-Body
Approach to
Health &
Wellness

Birthdays

Thomas F. Schmitt March 12th John O'Connor March 16th Patrick C. Kemmer March 17th James T.

Happening This Week



March 13, 2024

Program: 50th Anniversary- Music &Arts Festival Speaker: Stacey Rusterholtz &Janet Davis

> Greeter: Anne VanBuskirk Invocation/Pledge: Paul Kulik

Rainbow Reflection: "Watch Over Each Other"

Save the Date! Upcoming Social and Service Events

By Julie Ann Colley



Save the Date! Upcoming Events

March 16: WARM Sorting March 21: Club Board meeting April 13: 30th Anniversary Celebration

April 18: Club Board meeting

April 19-21: Rotary District 6690 Conference

May 24-27: Field of Heroes

Celebrating our 30th Anniversary

By Angela Sillus



caldwell March 24th Michael R. McGreevey March 26th Kyle Stroh April 1st Katy Tombaugh April 3rd Richard James Mannino April 6th **Heather Linch** April 9th Terry W. Burton April 9th

Years of Service

Tim Bowers

08-18-1999 25 Years Jason A. Buehner 08-24-2011 13 Years Kathleen Short 08-27-2014 10 Years Thomas F. Schmitt 08-26-2015 9 Years Anthony Mujic 08-30-2017 7 Years Dan Hare 08-28-2019 5 Years Jackie Washburn 08-16-2023 1 Year Jeff Washburn 08-16-2023 1 Year Kent Currie 08-16-2023

1 Year

In April, Westerville Sunrise Rotary will celebrate our 30th Anniversary as a club. To mark this special occasion, we'll be hosting a party on Saturday, April 13, at The Point at Otterbein. Doors open at 6 pm, with our program starting at 7 pm.

The event theme is $\hat{a} \in \mathbb{C}$ Believe $\hat{a} \in \mathbb{C}$, reflecting Rotary International $\hat{a} \in \mathbb{C}$ theme from 30 years ago of $\hat{a} \in \mathbb{C}$ Believe in What You Do $\hat{a} \in \mathbb{C}$ Do What You Believe in $\hat{a} \in \mathbb{C}$, which we have been doing for the last 30 years and will continue doing!

The cost per person is \$45 and will include a buffet-style meal, 1 drink ticket and an anniversary gift. Plus tons of fun! Please RSVP by March 28.

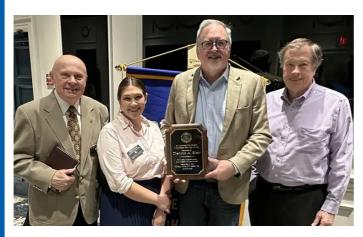
If you have pictures that you'd like to share as part of the event slideshow, please forward those to Angela Sillus at angela.c.sillus@gmail.com.

If you have any questions, email Mike Herron at mdherron68@qmail.com.

Nominations for 2024 A. Monroe Courtright Volunteer Service Award

By Angela Sillus

Do you know someone who's given exceptional volunteer service to the Westerville community? If so, please consider submitting a nomination for the 2024 A. Monroe Courtright Volunteer Service Award. Presented annually by the Rotary Club of Westerville since 1977, the award recognizes individuals and organizations for outstanding long-term contributions to the betterment of the Westerville community. Last year's honoree was Sunrise Rotarian Dennis Blair.



You can access the nomination form and award criteria via this <u>link</u>. If you have any questions, contact noon club Rotarian John Oleyar at 614-899-2201 or <u>JOleyar@sbcglobal.net</u>. Nominations can be submitted either to <u>CourtrightAward@gmail.com</u>, or directly to John. The deadline for submission is March 17th. The award presentation will take place at the April 25th noon Rotary meeting.

Service To Youth Award Recipient Honored

By Angela Sillus

On Wednesday, March 6, 2024, the Westerville Sunrise Rotary Club honored **Matt Long**, a teacher from Westerville Central High School, for his outstanding dedication to our local students with a Service to Youth award.





Matt provides stepping stones for students to be successful in both college and their career by hosting sessions for essay and resume writing outside of the classroom, as well as weekend AP boot camps. He is a strong role model and pushes students to accomplish what they did not know they could.

In addition to an engraved plaque, Matt received a gift card and box of cookies from Walmart. He, along with our other monthly award recipients, will be invited to a Rotary Club breakfast in May, as well as honored with a flag at The Field of Heroes event Memorial Day Weekend.

Frontline Medical Ukraine update

By Eugene L. Hollins

Last year we had a presentation from Retired U.S. Army Brig. Gen. Mark Arnold on the Frontline Medical program, developed to assist the Ukrainian Military Medical Academy with training medics serving in the war.

In partnership with Ukrainian Cultural Association of Ohio (UCAO), we were able to send supplies to Ukraine to help with Frontline Medical $\hat{a} \in \mathbb{N}$ including Bombas socks (from our Socktober effort). Black socks will be distributed to medics, and the white socks will be distributed to wives of defenders.



Ukrainian doctor helping distribute supplies

UCAO was also able to send \$12k worth of tourniquets, blood clotting bandages, chest tubes, medic shears, and handwarmers. They continue to fundraise and accept donations of medical supplies for Ukraine. More shipments of similar supplies will be made periodically in 2024. You can donate to UCAO's efforts via their website at www.ucao.us.

By Chris Herbert

Make a difference for homeless youth at Star House by helping prepare or serve a family meal. Westerville Sunrise Rotary, in partnership with our friends in the noon club, hosts a Family Dinner once a month on Mondays. Our remaining Mondays in 2024 will be:



- March 18
- April 22
- May 20
- June 24
- July 22
- August 26
- September 23
- October 28
- November 18
- December 16

We need 4 or more people to serve food, and many more to help prepare the meal. Starting in March, we will offer two shifts: 4:00 - 5:30 pm for set up and serving, and 5:00 - 6:30 pm for serving and clean-up. You may sign up for both shifts if you would like.

Please use the sign-up link below to cook or serve family dinner at Star House:

March 18th - Chili and baked potato bar

WARM Food Pantry Volunteers - Save the Dates!

By Mary T. Chandler



Rotary volunteers strengthen our community in many ways. One Saturday per quarter we sort and box food at the WARM warehouse at 150 Heatherdown Drive from 10 am to noon. Our scheduled Saturdays in 2024 will be:

- March 16
- June 8
- September 7
- November 9

Please sign up using the Sign Up Genius link

https://www.signupgenius.com/ go/20F0B44ADA729A0F85- 47059066-warm

We invite you to join in on the fellowship and fun. Feel free to invite your family, friends, and prospective Rotarians to join us too. A sign-up website will be available in the coming weeks. For more information, please contact Mary Chandler at (614) 523-0437.

March Madness to support District Wins for Women project

By Jimmy Hoben



Westerville Sunrise Rotary â€" March Madness (Year 4!)

• \$20 per bracket – each person can have up to 2 brackets

Family members may play too, up to two brackets for each of them.

75% of the winnings go to the District 6690 Wins for Women Rotary Project â€" 25% to winner!

If you want to play, send a note to: jhoben@lehmandaman.com or text (740) 973-0935

How to Pay (\$): Check or Cash â€" Jimmy Hoben, 4027 Creekwood Drive, Lewis Center, OH

How to Fill in a Bracket:

- 1. You will get a link from CBS Sports to fill out (OR)
- 2. Give Jimmy a handwritten bracket at the meeting (OR)
- 3. Text a picture of it to Jimmy and he will fill out online for you

DEADLINE: THURSDAY, MARCH 21st @ NOON. Games start that day.

Past Champions:

2021: Diane Conley and Sam Glaviano (Tied)

2022: Rick Mannino 2023: Doug Fosselman

Rotary History in Peacebuilding

Rotary's work with peacebuilding stretches back to 1914, when the Rotary Club of Hamilton, Ontario proposed that the international association of Rotary lend it's influence to the maintenance of peace among the nations. That dedication to peace has stretched throughout the years and is evident in the large efforts of Rotary International through Peace Institutes and Peace Fellow. Our Westerville Sunrise Rotary Club efforts were described by the Peacebuilding committee last week, including the minilibraries and peace poles.



Today, as stated on the Rotary website, "Rotary's goal today is to create

environments where peace can be built and maintained through sustainable and measurable activities in communities worldwide. Peacebuilding remains a cornerstone of our mission as a humanitarian service organization."

If you want to learn more about Rotary's history with Peacebuilding, please click the link: Rotary- promoting peace

Westerville Sunrise Rotary Club

Meeting Location

Every Wednesday @ 7:00 am

The Old Bag of Nails Pub Third Floor 24 North State Street Westerville, OH 43081

PO Box 1200 Westerville, OH 43086 Westerville Sunrise Hotline 614-523-7777



Please Suggest Guest Speakers



Enlighten your fellow Rotarians. Suggest a speaker to brighten our day! No reasonable suggestion refused. But your guest must be willing to attend in person. Email Bob Stewart at: https://doi.org/10.1007/journal.com or Jim Caldwell at JTCFMS@aol.com

Club Leaders



Michael Herron Club Grant Coordinator President



Tiffany McGinnis President-Elect



James T. Caldwell President-Nominee Vice President



Patrick Knott Treasurer



Theresa Petraszak Secretary



Angela Sillus **Bulletin Editor** Secretary-Elect



John R. Kellogg iPast President



Amanda Klein Club Director



Jamie Maze Club Director Club TRF Chair



Anthony Mujic Club Director



Lawrence Rick Sellers Club Director



Bob Stewart Club Director Club Programs Chair



Anne M VanBuskirk **Bulletin Editor** Club Director



Helka Christine Casey Club Public Image



Heather Linch Club TRF Chair



Rick Rano Club TRF Chair





Chair Sergeant-at-Arms Michael Ley Collins Youth Exchange Officer



Thomas Strasburg Club 501c3 Chair/President